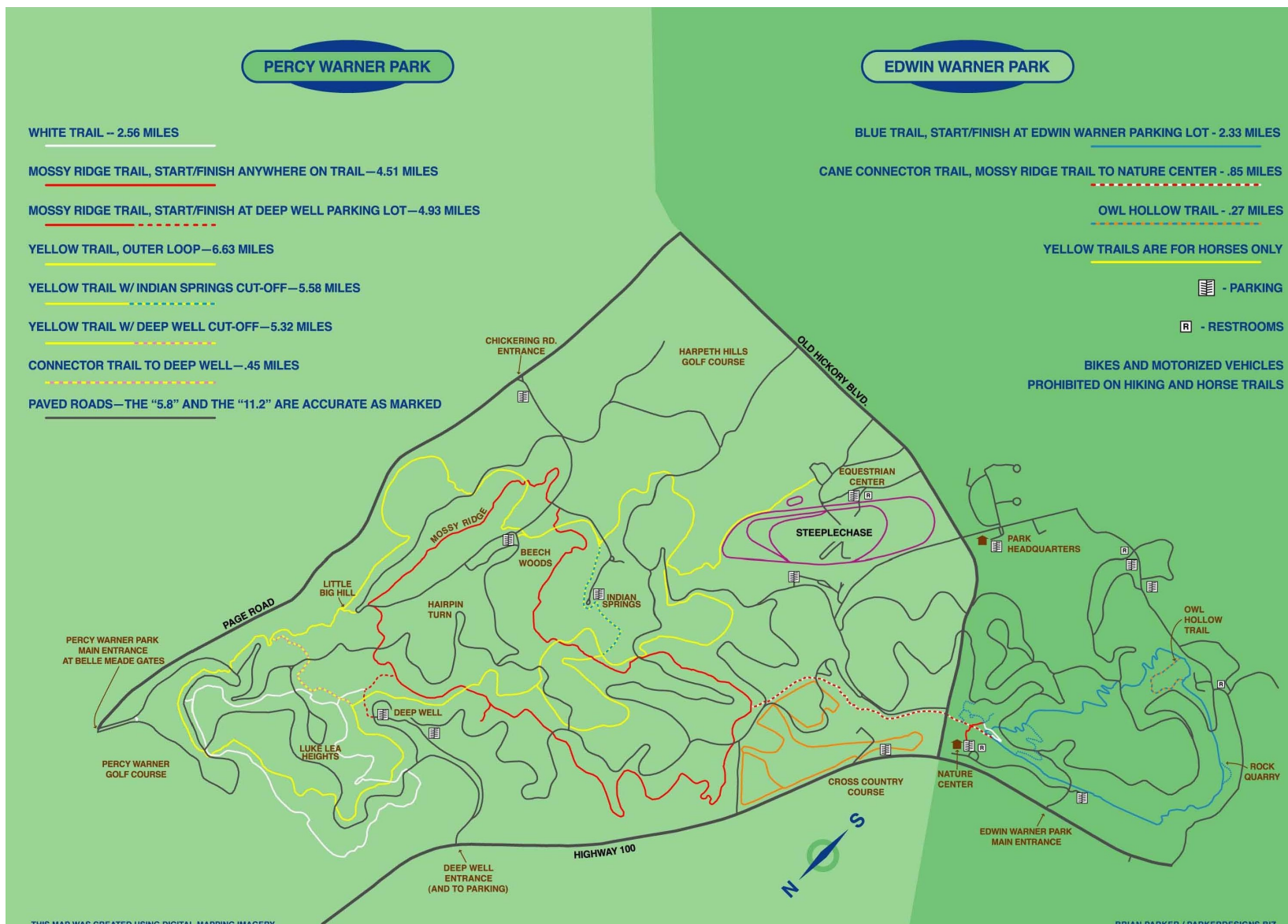




Percy Warner Park/Belle Meade (11 mile loop)



This is the Mecca for Tennessee runners. We are truly blessed to have this beautiful park to run in. Well worth the outings we plan out there. A tailgate typically follows. You will see hundreds of other runners weaving their way through the park at all paces and directions. Million Dollar views at every turn. Followed up by a loop around Belle Meade to check out all of the dumps. We usually have one of these scheduled as a fun run or part of training with the Striders. Striders also have a Kroger (Franklin) to Kroger (BelleMeade) 21 mile run that utilizes the park - we highly recommend.