

CEDARS FROSTBITE HALF MARATHON

Cedars of Lebanon State Park, Lebanon, TN

February 14, 2009. Frostbite Running Club

335 Finishers. Lynda de Paulis, Race Director

OPEN						
Place	First	Last Name	Age	Ovl	Time	City
	Steve	Vilt	24	1	1 08 52	Nashville, TN
	Melissa	Begin	32	7	1 26 08	Nashville, TN
MASTERS						
	Hugh	Enicks	49	3	1 21 27	Signal Mtn, TN
	Kimberly	Vera	43	95	1 43 11	Nashville, TN
GRAND MASTERS						
	Kirk	Pierret	56	8	1 26 16	Franklin, TN
	Sherrie	Giles	51	93	1 48 33	Franklin, TN
SR GRAND MASTERS						
	Dallas	Smith	68	34	1 36 18	Cookeville, TN
	Janet	Jernigan	64	194	2 02 48	Bradyville, TN
AGE GRPS						
F15-19						
1	Katherine	Wehner	18	119	1 52 24	Nashville, TN
2	Rebeccah	Burgess	15	255	2 18 50	Lebanon, TN
3	Anna	Bell	12	272	2 23 10	Big Sandy, TN
F20-24						
1	Catherine	Bates	22	84	1 47 25	Cookeville, TN
2	Cortney	Bartemus	23	115	1 51 57	Smyrna, TN
3	Jessie	Christenson	22	176	1 59 57	
4	Sarah	Patel	24	233	2 12 29	Murfreesboro, TN
5	Kimberly	Thompson	22	249	2 17 50	Murfreesboro, TN
F25-29						
1	Kirsten	Sass	29	22	1 33 11	McKenzie, TN
2	Natasha	Anderson	29	81	1 46 43	Nashville, TN
3	Helen	Smith	29	85	1 47 26	Nashville, TN
4	Amy	Young	29	98	1 49 54	Nashville, TN
5	Rebekah	Rohrbach	28	106	1 51 07	Nashville, TN
6	Sarah	West	28	125	1 52 58	Nashville, TN
7	Lisa	Sims	26	128	1 53 12	Hermitage, TN
8	Angela	Burnett	29	138	1 54 17	Valdosta, GA
9	Nera	Guin	28	late	1 54 53	Nashville, TN
10	Marne	McLyman	28	146	1 55 24	Nashville, TN
11	Tilghman	Carroll	28	151	1 56 37	Nashville, TN
12	Crystal	Hathcock	26	160	1 57 29	Murfreesboro, TN
13	Mardys	Hendley	29	172	1 58 54	
14	Kelley	Lassiter	29	180	2 00 54	Paris, TN
15	Andrea	Hutton	26	184	2 01 13	Murfreesboro, TN
16	Chara	Regg	28	211	2 06 58	Nashville, TN
17	Bridget	Cisco	27	230	2 11 58	
18	Kristin	Sessions	26	242	2 16 31	Nashville, TN
19	Christy	Frewin	29	290	2 29 58	Lebanon, TN
20	Leah	Studd	26	296	2 31 46	Murfreesboro, TN
21	Ciara	Buxton	28	303	2 35 05	Hopkinsville, KY

22	Shannan	White	29	304	2 35 06	Hopkinsville, KY
23	Ashley	Sisco	25	319	2 41 52	Murfreesboro, TN
24	Heather	Spillman	27	329	2 54 04	Nashville, TN
F30-34						
1	Shelly	Pennington	32	74	1 44 45	Ashland City, TN
2	Laurel	Duncan	34	79	1 46 31	Nashville, TN
3	Michele	Coke	32	86	1 47 28	New Albany, IN
4	Fabiola	Ramirez	30	89	1 47 50	Nashville, TN
5	Kimberley	Vera	33	95	1 49 11	Nashville, TN
6	Cheryl L	Marsele	31	147	1 55 26	Ft Cambell, KY
7	Larkin	Montgomery	33	148	1 55 40	Nashville, TN
8	Suzanne	Schultz	33	158	1 57 07	Clarksville, TN
9	Laura	Taylor	32	167	1 58 23	Nashville, TN
10	Chasity	Suttle	33	189	2 01 40	Madison, TN
11	Tammy	Szczepanski	33	191	2 01 59	Clarksville, TN
12	Robyn	Crowe	30	196	2 03 25	College Grove, TN
13	Riki	Templeton	31	197	2 03 51	Murfreesboro, TN
14	Johanna	Michel	33	214	2 07 43	Nashville, TN
15	April	Harnett	31	216	2 08 10	Antioch, TN
16	Erin	Coleman	32	218	2 08 37	Paris, TN
17	Tempie	DeVaughn	30	228	2 11 26	Nashville, TN
18	Joy	Anderson	34	234	2 13 38	Franklin, TN
19	Lisa	Lancaster	32	240	2 15 52	Franklin, TN
20	Holly	Bishop	30	244	2 16 56	Nashville, TN
21	Lani	Karls	31	246	2 17 08	Clarksville, TN
22	Emily	Parks	30	250	2 17 51	Crawfordsville, IN
23	Mary K	Martin	34	261	2 20 43	Murfreesboro, TN
24	Heather	O'Brien	30	268	2 22 23	Hendersonville, TN
25	Lara	Olstad	31	283	2 25 45	Murfreesboro, TN
26	Candie	Medlin	32	294	2 30 56	Lebanon, TN
27	Heather	Jackson	31	318	2 40 21	Henderson, TN
28	Jill	Faughn	32	walk	2 44 48	Thompson Sta, TN
29	Allison	Williams	33	walk	3 19 00	Antioch, TN
F35-39						
1	Elisa	Baughman	39	70	1 43 54	Thompson Sta, TN
2	Selena	McCoy-Carp.	37	97	1 49 37	Nashville, TN
3	Allison	LaRue	35	129	1 53 18	Nashville, TN
4	Lisa	Zackarelli	39	133	1 53 43	Nashville, TN
5	Jennifer	McMurray	35	134	1 53 45	Murfreesboro, TN
6	Sharon	Perry	37	139	1 54 19	Murfreesboro, TN
7	Melissa	Matlock	39	145	1 54 58	Ashland City, TN
8	Ana	Paul	35	201	2 04 10	Big Sandy, TN
9	Sammi	Schmittoo	35	207	2 06 13	Franklin, TN
10	Jill	Stansell	36	226	2 10 37	Hendersonville, TN
11	Cynthia	Clark	37	235	2 14 29	Nashville, TN
12	Donna	Pittman	38	237	2 15 08	Clarksville, TN
13	Deana	Anderson	37	239	2 15 11	Murfreesboro, TN
14	Christina	Fenner	37	259	2 19 46	Hendersonville, TN
15	Marsha	Jenkins	39	269	2 22 50	Murfreesboro, TN
16	Donna	Shaffer	39	309	2 38 00	Lebanon, TN
17	Tammy	Bonee	38	326	2 47 57	Thompson Sta, TN
18	Theresa	Phillips	39	Walk	2 52 00	Thompson Sta, TN
F40-44						
1	Beth	Hanson	43	149	1 56 06	Brentwood, TN
2	Jill	Mongene	40	205	2 06 11	Nashville, TN
3	Dee	Frazier	44	208	2 06 24	Smyrna, TN
4	Chris	Seat	44	231	2 12 18	Antioch, TN
5	Michelle	Burgess	42	257	2 19 04	Lebanon, TN

6	Cynthia	Kern	44	258	2 19 30	Nashville, TN
7	Jane	Stroud	42	260	2 19 56	Hendersonville, TN
8	Sally	Wrather	40	270	2 22 51	Murfreesboro, TN
9	Dawn	Okieff	43	292	2 30 32	Nashville, TN
10	Barbara	Dworak	41	300	2 33 42	Smyrna, TN
11	Patty	Mulkeen	43	305	2 35 52	Clarksville, TN
12	Kim	Gregg	43	313	2 39 08	Lebanon, TN
13	Saundra	Forrest	43	321	2 44 03	Nashville, TN
14	Ann	Stallings	40	330	2 54 12	Hermitage, TN
F45-49						
1	Mindy	Williams	46	104	1 50 59	Murfreesboro, TN
2	Julie	Johnson	45	113	1 51 41	Clarksville, TN
3	Pamela	Hobson	47	118	1 52 23	Nashville, TN
4	Cynthia	Paschal	45	188	2 01 39	Nashville, TN
5	Beth	Hallmark	48	227	2 10 53	Franklin, TN
6	Amanda	Floyd	49	238	2 15 09	Wartrace, TN
7	Pamela	Rowlett	48	263	2 21 04	Murfreesboro, TN
8	Shahpar	Kamtarin	47	279	2 25 07	Murfreesboro, TN
9	Shelley	Cloutier	46	308	2 37 59	Watertown, TN
10	Janice	Ziegler	48	310	2 38 01	Nashville, TN
11	Suzy	Siegenthaler	46	315	2 40 06	Nashville, TN
12	Debra	Crigger	48	322	2 43 00	Mt Juliet, TN
F50-54						
1	Donna	Wittman	54	111	1 51 34	Nashville, TN
2	Vickie	Spickard	51	206	2 06 12	Nashville, TN
3	Beverly	Bethart	51	222	2 10 09	Mt Juliet, TN
4	Diane	Taylor	52	241	2 16 03	Nashville, TN
5	Kitty	Halfacre	54	253	2 18 45	Centerville, TN
6	Cynthia	Kennedy	51	266	2 21 53	Cookeville, TN
7	Lidsey	Pilat	51	293	2 30 47	Thompson Sta, TN
8	Debbie	Willey	54	297	2 32 38	Smyrna, TN
9	Delana	McCuston	51	walk	2 34 24	Murray, KY
10	Theresa	Hays	53	walk	3 04 00	Franklin, TN
11	Joyce	Hudgins	52	walk	3 08 00	Nunnely, TN
12	Ann	Jackovich	52	walk	3 21 25	Brentwood, TN
F55-59						
1	Patricia	Cole	57	220	2 08 58	Goodlettsville, TN
2	Sandra	Werth	58	walk	3 21 20	Nashville, TN
F60-64						
1	Carolyn	Price	60	325	2 45 55	
2	Judy	Campbell	62	walk	2 59 07	Murfreesboro, TN
F65-69						
1	Amelia	Wallace	67	195	2 02 50	Clarksville, TN
2	Jan	Lowe	66	298	2 33 24	Cookeville, TN
M15-19						
1	Josh	Erhard	17	17	1 31 40	Gallatin, TN
2	Chase	Mussaud	15	40	1 37 17	Cookeville, TN
3	Eric	James	17	80	1 46 37	Murfreesboro, TN
4	Jonathan	Huddleston	17	161	1 57 33	Mt Juliet, TN
5	Eric	Hancock	14	169	1 58 40	Knoxville, TN
6	Michael	Smith	17	224	2 10 23	Lebanon, TN
7	Ryan	Woodall	17	314	2 39 35	Lebanon, TN
M20-24						

1	Ben	Konecny	24	14	1 30 42	Nashville, TN
2	Alex	Mincey	24	36	1 36 35	Nashville, TN
3	Shawn	Mullican	21	59	1 41 26	Murfreesboro, TN
4	Christian	Lemon	24	73	1 44 43	Murfreesboro, TN
5	Gary T	Floyd	23	130	1 53 21	Wartrace, TN
6	Derek	Finn	21	144	1 54 54	
7	Gregory	Dickerson	21	223	2 10 10	
8	Todd	Henderson	24	284	2 26 08	Lebanon, TN
M25-29						
1	Brian	Hutto	29	13	1 30 15	Lebanon, TN
2	Ben	Whittan	28	24	1 33 56	Nashville, TN
3	Phillip	Gordon	27	27	1 34 53	
4	Thomas	Cook	26	41	1 37 22	
5	Chris	Herod	27	54	1 39 43	Smyrna, TN
6	Craig	Lorang	27	57	1 40 43	Nashville, TN
7	Ronald	Bates	25	67	1 42 57	
8	Gaines	Sturdivant	25	103	1 50 55	Nashville, TN
9	Jason	Sims	29	127	1 53 10	
10	Jeffrey	Baker	28	143	1 54 52	Woodbury, RI
11	David	Lavender	26	154	1 56 52	Nashville, TN
12	Paul	Holzen	28	159	1 57 12	Brentwood, TN
13	Mark	Greenwood	27	166	1 58 17	
14	Tyrone	Roberts	28	183	2 01 13	Nashville, TN
15	Clint	Joines	25	199	2 04 05	Mt Juliet, TN
16	Rob	Reggs	28	212	2 07 04	Nashville, TN
17	Jake	Gilliam	27	274	2 23 39	Brentwood, TN
M30-34						
1	Andrew	Holbrook	31	4	1 23 33	Murfreesboro, TN
2	Graham	Hemmingway	32	6	1 24 47	Nashville, TN
3	Jeffrey	Walton	32	19	1 32 32	Ashland City, TN
4	Greg	Kyle	32	21	1 33 04	Nashville, TN
5	James	Fleming	30	33	1 36 11	Nashville, TN
6	Sean	Blomquist	33	46	1 38 18	Cookeville, TN
7	Paul	Zimmerman	30	47	1 38 31	
8	Jim	Bowen	33	66	1 42 46	Nashville, TN
9	Joshua	Bauer	30	83	1 47 22	Nashville, TN
10	Jeffery	Sass	33	108	1 51 19	McKenzie, TN
11	Csaba	Toth	31	109	1 51 27	Nashville, TN
12	Simon	Foucart	31	114	1 51 55	Nashville, TN
13	Thomas	Redden	30	123	1 52 53	Murfreesboro, TN
14	William	Florence	32	124	1 52 55	Nashville, TN
15	Paul	Gontarek	34	156	1 56 59	Nashville, TN
16	Craig	Reavis	33	182	2 01 02	Nashville, TN
17	Chris	Hicks	34	198	2 04 04	Cookeville, TN
18	Charles	Warner	33	215	2 08 06	Nashville, TN
19	Justin	Karls	33	247	2 17 09	Clarksville, TN
M35-39						
1	Ted	Towse	37	2	1 11 24	Nashville, TN
2	Jason	Cummins	37	5	1 23 47	Adams, TN
3	Joel	Wade	38	12	1 29 38	Spring Hill, TN
4	Brian	O'Meara	36	20	1 32 59	Mt Juliet, TN
5	Mohamed	Hassanein	35	29	1 35 08	Madison, TN
6	Gary	Capers	39	43	1 37 50	Nashville, TN
7	Travis	Capers	38	45	1 38 11	Nashville, TN
8	Josh	Hixon	37	50	1 38 45	Nolensville TN
9	Mark	Payne	39	61	1 42 13	Brentwood, TN

10	Dough	Raymont	36	69	1 43 39	Brentwood, TN
11	Clarke	Oldham	38	71	1 43 58	Franklin, TN
12	Colin	Upson	35	87	1 47 36	Franklin, TN
13	Chuck	Snell	38	94	1 48 45	Shelbyville, TN
14	Patrick	Salcedo	39	100	1 50 12	Nashville, TN
15	Greg	Gillum	35	105	1 51 00	Brentwood, TN
16	Matthew	Johnson	35	110	1 51 33	
17	Andrew	Niggemann	38	122	1 52 30	Murfreesboro, TN
18	Jim	Robinson	36	126	1 53 06	Columbia, TN
19	Joseph	Roth	37	132	1 53 38	Mt Juliet, TN
20	John	Besse	35	135	1 53 48	Lebanon, TN
21	Matthew	Perrigo	39	142	1 54 38	Mt Juliet, TN
22	Walter	Harris	38	171	1 58 50	Nashville, TN
23	John	Griffen	37	185	2 01 22	Murfreesboro, TN
24	Jon	Baker	35	186	2 01 30	Rockvale, TN
25	Brooks	Harper	38	200	2 04 06	Mt Juliet, TN
26	John	Thornton	38	209	2 06 24	Louisville, KY
27	Michael	Thomas	37	217	2 08 15	Antioch, TN
28	Brian	Merriweather	38	252	2 18 44	Huntsville, AL
29	James	Alfred	37	264	2 21 12	Mt Juliet, TN
30	Jay	Ingrum	37	275	2 24 15	Gallatin, TN
31	Jeff	Givens	36	276	2 24 16	Gallatin, TN
32	Mike	Phillips	38	277	2 24 24	Algood, TN
33	James	White	38	289	2 29 44	Murfreesboro, TN
34	David	Brantly	38	311	2 39 00	Clarksville, TN
M40-44						
1	Roger	Brady	41	16	1 31 02	Murfreesboro, TN
2	Rob	Allison	41	32	1 35 47	Nashville, TN
3	Billy	Jolley	41	44	1 38 05	Thompsons St, TN
4	Chris	Clemens	42	48	1 38 34	Belvidere, TN
5	Jeff	Matlock	44	56	1 40 20	Ashland City, TN
6	Jim	Day	40	65	1 42 39	Franklin, TN
7	Rand	Carpenter	42	96	1 49 36	Nashville, TN
8	David	MaGuirk	42	99	1 50 05	Thompson Sta, TN
9	Jeff	Revleff	41	101	1 50 16	Murfreesboro, TN
10	Scott	Huddleston	43	102	1 50 38	Nashville, TN
11	Keith	Moerdyk	44	112	1 51 36	Crossville, TN
12	Chris	Wrather	41	150	1 56 21	Murfreesboro, TN
13	Bill	Jenkins	44	153	1 56 47	Murfreesboro, TN
14	Paul	Shrem	43	162	1 57 34	Franklin, TN
15	Irvin	LeRony	43	165	1 57 48	Manchester, TN
16	Paul	Arnette	42	173	1 58 59	Christiana, TN
17	Mike	unreadable	44	174	1 59 07	Murfreesboro, TN
18	Javier H	Mosqueda	40	202	2 05 03	Shelbyville, TN
19	Glen	Black	40	210	2 06 57	Old Hickory, TN
20	Stan	Hunt	44	213	2 07 05	Brentwood, TN
21	Tommy	Patey	40	219	2 08 39	Nashville, TN
22	Todd	Shadburn	42	225	2 10 36	Jackson, TN
23	Keith	Sanders	43	236	2 15 04	Lebanon, TN
24	Kevin	Miller	40	256	2 19 00	Murfreesboro, TN
25	Randy	Guiler	44	262	2 20 55	Murfreesboro, TN
26	Brian	Murray	43	265	2 21 36	Hermitage, TN
27	Mike	Bell	40	273	2 23 10	Big Sandy, TN
28	Burt	Empson	42	288	2 28 25	Hendersonville, TN
29	Mike	Clark	43	306	2 36 10	Madison, TN
30	Jeff	Jackson	41	327	2 50 38	Hendersonville, TN
M45-49						
1	Keith	Woodall	46	9	1 27 42	Springfield, TN

2	Mark	Pierret	48	10	1 28 21	Franklin, TN
3	Chuck	Mader	49	11	1 28 54	Nashville, TN
4	Philip	Lee	47	25	1 34 16	Nolensville, TN
5	Steve	Sisco	46	28	1 35 02	Cookeville, TN
6	Tommy	Kell	46	30	1 35 09	Rock Island, TN
7	Andy	Welch	45	31	1 35 28	Spring Hill, TN
8	Terry	Quillen	46	37	1 36 38	Tullahoma, TN
9	Steve	Wich	45	39	1 37 08	Murfreesboro, TN
10	Paul	Morphy	48	42	1 37 43	Nashville, TN
11	Charley	Taylor	49	49	1 38 38	Gallatin, TN
12	Tom	Dolan	49	52	1 39 10	Henderson, TN
13	James	Fryer	49	53	1 39 20	Mt Juliet, TN
14	Vernon	Long	48	62	1 42 15	Woodburn, KY
15	Glen	Dodson	46	64	1 42 22	College Grove, TN
16	Andy	Nelius	46	72	1 44 13	Tullahoma, TN
17	Terry	Walter	47	75	1 44 48	Crossville, TN
18	John	Tietjen	48	76	1 45 27	Mt. Juliet, TN
19	Ron	Morris	45	78	1 46 26	Pleasant View, TN
20	Craig	Ostrom	45	82	1 47 04	Hendersonville, TN
21	John	Sooker	47	88	1 47 40	Gallatin, TN
22	Mark	Patterson	49	92	1 48 17	Greenville, TN
23	John	Wehner	48	120	1 52 25	Hockessin, DE
24	Andy	Parrish	49	131	1 53 35	Lebanon, TN
25	Greg	Shirley	47	140	1 54 24	Cookeville, TN
26	Rick	Caffy	49	170	1 58 45	Murfreesboro, TN
27	Chuck	Tumbleston	47	177	2 00 10	Lebanon, TN
28	Peter	Beare	45	178	2 00 37	Mt Juliet, TN
29	Barry	Bresnahan	47	192	2 02 35	Hendersonville, TN
30	Felix	Eckhardt	47	221	2 10 02	Nashville, TN
31	Jeff	Seat	49	232	2 12 19	Antioch, TN
32	Paul	Putnam	45	245	2 16 58	Hermitage, TN
33	Robert	Yoakum	47	248	2 17 21	Shepersville,Ky
34	Kevin	Lauthern	49	281	2 25 20	Mt Juliet, TN
35	Tim	Hudgins	48	295	2 30 57	Nunnely, TN
36	Russell	Roberts	45	301	2 33 55	Antioch, TN
M50-54						
1	Lee	Piccirillo	52	15	1 30 50	Murfreesboro, TN
2	Tim	Godfrey	50	18	1 32 08	Abilene, TX
3	Robert	Buchholz	52	23	1 33 40	Franklin, TN
4	Lynn	Burnett	52	35	1 36 30	Livingston
5	Larry	Miller	53	51	1 39 07	Old Hickory, TN
6	Mark	Keisling	52	58	1 41 13	Alpine, TN
7	Steve	Rundberg	53	60	1 41 50	Nashville, TN
8	Corly	Goss	52	77	1 46 19	Lebanon, TN
9	Reed	Trickett	53	90	1 47 53	Nashville, TN
10	William	Yoakum	51	117	1 52 06	Hopkinsville, KY
11	Roger	Hutto	54	136	1 53 50	Lebanon, TN
12	Kevin	Reneau	51	137	1 54 08	Murfreesboro, TN
13	Allen	Burriss	50	141	1 54 27	Mitchell, IN
14	Earl	Lavender	54	155	1 56 53	Brentwood, TN
15	Roger	Haywood	51	179	2 00 53	Smyrna, TN
16	Mitchell	Lea	50	190	2 01 50	Watertown, TN
17	Gabriel	Gaitan	51	193	2 02 46	Cookeville, TN
18	Mike	Woods	51	203	2 05 59	Rockvale, TN
19	Greg	Gann	54	204	2 06 08	Kingston Springs, TN
20	Robert	Ziegler	52	243	2 16 44	Nashville, TN
21	Donnie	McDonald	53	280	2 25 19	Nashville, TN
22	Patrick	Mitchell	52	328	2 52 24	Murfreesboro, TN

M55-59

1	Guy	Giles	57	26	1 34 20	Franklin, TN
2	Ken	Davis	59	38	1 36 58	Lebanon, TN
3	Daniel	Ashmead	55	55	1 40 08	Nashville, TN
4	Butch	Wabby	55	68	1 43 20	Franklin, TN
5	David	Burka	57	91	1 47 55	Mt. Juliet, TN
6	Roger	Howell	56	163	1 57 36	Radcliff, Ky
7	Carl	Schneider	55	164	1 57 46	Franklin, TN
8	Christopher	Duzor	56	267	2 22 24	Murfreesboro, TN
9	Randy	Cole	55	302	2 34 55	Goodlettsville, TN

M60-64

1	Bob	Coffey	60	152	1 56 39	Hendersonville, TN
2	Don	Campbell	64	157	1 57 03	Murfreesboro, TN
3	Jim	Medd	60	168	1 58 31	Old Hickory, TN
4	Warren	Wilson	60	229	2 11 42	Paris, TN
5	John	Hays	61	251	2 18 11	Old Hickory, TN
6	Tony	Halfacre	62	254	2 18 46	Centerville, TN
7	Bill	Alexander	64	271	2 22 54	Murfreesboro, TN
8	Forrest	Wise	64	307	2 36 49	Hendersonville, TN
9	Larry	Faust	62	312	2 39 01	Clarksville, TN

M65-69

1	Gary	Anderson	68	107	1 51 13	Mt Juliet, TN
2	Cyrus	Rhode	65	121	1 52 28	Spencer, TN
3	John	Otto	67	175	1 59 32	Old Hickory, TN
4	Dick	Gillespie	66	299	2 33 33	Mt Juliet, TN
5	Joe	Millichap	69	320	2 42 22	Murfreesboro, TN

M70+

1	Dennis	Christian	70	116	1 52 00	Nashville, TN
2	Edward	Casey	74	282	2 25 32	Nashville, TN